

6 credits

60.0 h

Q1

Teacher(s)	Galdiolo Sarah ;Heenen-Wolff Susann coordinator ;Pinon Nicolas ;Zech Emmanuelle ;
Language :	French
Place of the course	Louvain-la-Neuve
Aims	<i>The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".</i>
Evaluation methods	The final evaluation will be composed of 'true or false' questions about the oral lecture and the portfolio.
Teaching methods	The lecture will mainly be an oral presentation supported by slides. To make the key concepts concrete to the students, videos showing Carl Rogers practising will be played and discussed. The students will also receive a portfolio containing the reference texts which will have to be read for the final evaluation.
Content	<p>This part of the lecture will meet the official specifications. So after a historical contextualization in the clinical psychology field, it will present the paradigms used in the person-centered therapies: the actualizing tendency, personality theory, therapeutic process and the six necessary and sufficient conditions of therapeutic personality change postulated by Carl Rogers.</p> <p>A large part of this lecture will then focus on a critical evaluation of the methods that are used to validate these paradigms. Students will be sensibilized to the current issues of empirical research.</p> <p>The lecture will conclude on an overview of the evolutions in the diverse fields and the practice of experiential and person-centered therapies.</p>
Bibliography	<p>Cain, D. J., &amp; Seeman, J (2001). Humanistic Psychotherapies: Handbook of Research and Practice. Washington, DC: APA.</p> <p>De la Puente, M. (1970). Carl R. Rogers : de la psychothérapie à l'enseignement. Paris, France : Editions de l'Epi.</p> <p>Kinget, M., &amp; Rogers, C. (1962). Psychothérapie et relations humaines (vol. I). Paris, France : Nauwelaerts</p> <p>Kirschenbaum, H. (2003). Carl Rogers et l'approche centrée sur la personne [Film documentaire]. New York : Insight media.</p> <p>Rogers (1941/2001). L'approche centrée sur la personne. Paris, France : Radin Edition.</p> <p>Rogers, C. R. (1942/2008). La relation d'aide et la psychothérapie (traduit par Zigliara, J.P.). Paris, France : ESF Editeur.</p> <p>Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change. Journal of Consulting Psychology, 21(2), 95-103.</p> <p>Rogers, C. R. (1961/1998). Le développement de la personne. Paris: Dunod.</p> <p>Yalom, I. (1980/2008). Thérapie existentielle : apprendre à vivre (traduit par Richard, L.). Paris, France : Galaade.</p>
Faculty or entity in charge	EPSY

**Programmes containing this learning unit (UE)**

Program title	Acronym	Credits	Prerequisite	Aims
Bachelor in Psychology and Education: General	PSP1BA	6		