UCLouvain

ledph1023

2020

Athletics 2

Due to the COVID-19 crisis, the information below is subject to change, in particular that concerning the teaching mode (presential, distance or in a comodal or hybrid format).

2 credits	0 h + 30.0 h	Q1 and Q2

Teacher(s)	Mees Valérie ;
Language :	French
Place of the course	Louvain-la-Neuve
Prerequisites	The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.
Main themes	The activities taken up reaching these aims will be diversified. They will allow the learning of specific techniques of the codified events of athletics: at least one running, one jumping and one throwing event that are not taught in the course EDPH 1104 Athletics.
Aims	At the end of this educational module, the student will have acquired enough experience and mastery in the specific techniques of the codified events of athletics in order to learn subsequently the specific didactic of this discipline.
	The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".
Content	The whole of the situations try out the fundamental skills of the three families of the athletics: races-jumps-throws. The acquisition of these fundamental skills will be completed by the learning of specific techniques: hurdle races - 400 m - cross-country-long jump - the javelin throwing.
Other infos	Pre-requisite Athletics 1 Evaluation Continuous and/or final for the practical part with a possible questioning and/or final examination in order to verify the acquisition of the knowledge associated with practice. Support Class file Supervision Titular professor(s), technical adviser(s) and/or assistant(s) possibly helped by monitor students Others
Faculty or entity in charge	FSM

Programmes containing this learning unit (UE)						
Program title	Acronym	Credits	Prerequisite	Aims		
Bachelor in Motor skills : General	EDPH1BA	2	LEDPH1007 AND LIEPR1002	Q		