UCLouvain

ledph1052

2023

Confidence and safety in free climbing and associated training course

12.00 credits	0 h + 60.0 h	Q1 and Q2

Teacher(s)	Francaux Marc ;				
Language :	French				
Place of the course	Louvain-la-Neuve				
Prerequisites	The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.				
Main themes	The student will gain a first expertise in the early stages of the indoor climbing techniques such as basic safety measures, knots, roping, belaying, self-belaying, lead climbing, relays, rappelling descent, technical clearance and emergency basis. In addition, he has practiced these techniques in natural sites, blocks or cliffs. It will: geography of the main sites of Wallonia, the geological, ecological and climatic condition the practice of climbing; the regulations relating to the practice group (degrees of difficulty, CAB, Patents, responsibilities, chains of relief); teaching progressions for teaching school and cliff.				
Learning outcomes	At the end of this learning unit, the student is able to: This body of teaching is organized into two complementary parts: (1) audacity and safety (2) climbing. After the "security exercise", the student will have experienced a large variety of tasks using the basic coordination in situations of high and deep. He will be aware of the educational approach inherent to this discipline: individual growth, enhancing the success of operating challenges, primacy to individual and collective security.				
Faculty or entity in charge	FSM				

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Programmes containing this learning unit (UE)						
Program title	Acronym	Credits	Prerequisite	Learning outcomes		
Additionnal module in Motor skills	APPEDPH	12		Q		