UCLouvain

lpsys2730

2023

Assessment and intervention within individual therapy

6.00 credits	45.0 h + 15.0 h	Q1

Teacher(s)	Douilliez Céline ;Philippot Pierre ;
Language :	French
Place of the course	Louvain-la-Neuve
Learning outcomes	
Evaluation methods	**January session** Assessment consists of continuous assessment with **3 compulsory assessment activities** and **an in-session written examination**. Continuous assessment will consist of the following 3 compulsory assessment activities, which must comply with the content and deadline guidelines available on Moodle: **Compulsory Activity 1**: Part 1 of an individual written assignment on the assigned vignette (worth 5% of the final mark). **Compulsory Activity 2**: written feedback on the pair's work (worth 5% of final mark) **Compulsory Activity 3**: complete individual written work on the assigned vignette (worth 40% of the mark) assessing the following skills: conceptualising a case, proposing a treatment plan, articulating this case conceptualisation based on critical reasoning and ethical reflection. The **in-session written examination** (worth 50% of the final mark) will consist of a series of open-ended questions that will require you to integrate all the material you have seen in the slides, the required readings, the critical elaboration sessions, the exercises and debates. These questions are designed to assess your acquisition of knowledge, your ability to apply it reflectively to a specific case or cases, and your critical thinking skills. The final mark will only be awarded if the student has completed all 3 compulsory continuous assessment activities and the semester written examination; the student will be considered absent if he/she has not completed the 3 compulsory continuous assessment activities and the semester written examination within the specified deadlines (see Moodle). Successful completion of compulsory continuous assessment activities 2 and 3 and the written examination is essential to demonstrate the skills and knowledge defined in the learning outcomes for the unit. Successful completion of continuous assessment activities 2 and 3 and the written examination is required to pass the unit. **September session** Assessment consists of an individual written assignment and an in-class written examination. The individual written assignment is in two parts: Part 1: a case conceptualisation and treatment plan (worth 45% of the final mark), focusing on a different vignette to that assigned for the January session, and following the content and deadline guidelines available on Moodle. Part 2: Feedback on a case design (worth 5% of final mark) different from the one assigned in January. The in-session written examination (worth 50% of the final mark) will consist of a series of open-ended questions which will require you to integrate all the material you have seen in the annotated slides, the compulsory readings, the critical elaboration sessions, the exercises and debates. These questions are designed to assess your acquisition of knowledge, your ability to apply it reflectively to a specific case or cases and your critical thinking skills. The final mark will only be awarded if the student has submitted the complete individual written work by the deadline (see Moodle) and has presented the written exam in session. If this is not the case, the final mark will be 'Absent'. Successful completion of each part of the individual written assignment and the written examination is essential to demonstrate the skills and knowledge defined in the learning outcomes for the unit. Successful completion of the course requires successful completion of each part of the individual written assignment and the written examination. **For both sessions:** Under no circumstances should generative AI be used in the design and production of assignments and examinations or any other activity that is subject to assessment. Like spelling and grammar checkers, generative AIs can only be used as linguistic assistants to revise or improve the quality of the writing of assignments. They can therefore only be used to improve the formal aspects of the work, not its content.

Teaching methods	The teaching method is based on the principles of the flipped classroom. Theoretical content (slides, reading assignement and exercises, e.g., case analysis, experiential exercise) will be made available on Moodle. Critical elaboration sessions, exercises and debates will be organised during the course sessions. The course includes an in-depth case conceptualisation, including a tutorial session and the completion of three compulsory activities. These activities are designed so that each student can benefit from feedback from peers and from a teaching assistant at various times during the term, particularly during the tutorial session.
Content	A.Evidence-based clinical psychology B.Introduction to the processual approach C.Case conceptualisation D.Pathogenic processes and related interventions: • Motivational processes and motivational interviewing • Negative repetitive thoughts - Interventions focusing on negative repetitive thoughts • Experiential avoidance - behavioural activation • Experiential avoidance - exposure intervention • Process-based approach to perfectionism - Perfectionism-focused interventions
Inline resources	The slides, the compulsory (and optional) readings and the exercises will be posted online on Moodle as the course progresses.
Other infos	The course is given in French, but a set of English slides is available for international students: no The standard exam is a written exam in French. However, international students taking this course: • Will be allowed to use a dictionary when taking the written exam in French: yes • Will be allowed 33% more time when taking the written exam in French : no • Are provided with the opportunity to take the written exam in English : yes • Are provided with the opportunity to take an alternative oral exam in English : yes
Faculty or entity in charge	EPSY

Programmes containing this learning unit (UE)

Program title	Acronym	Credits	Prerequisite	Learning outcomes
Master [120] in Psychology	PSY2M	6		🔍