

Teachings methods for acrobatic sports

3.00 credits

2024

7.5 h + 30.0 h

Q1 and Q2

Teacher(s)	De Jaeger Dominique (coordinator) ;Leroy Frédéric ;				
Language :	French > English-friendly				
Place of the course	Louvain-la-Neuve				
Prerequisites	Gymnastics and Sports Acrobatics The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.				
Main themes	 Planning learning situations combining technical, physical and psychological components of acrobatic sports Formulating relevant instuctions Observing learner behaviour in order to detect movement errors Correcting movement errors 				
Learning outcomes	At the end of this learning unit, the student is able to :				
	At the end of this course, students should be able to safely teach gymnastics and acrobatic sports to novices.				
Evaluation methods	In this course, students are assessed in various ways:				
	 Continuous assessment (assignment) as part of the seminar (20% of final mark) Continuous assessment of technical and didactic knowledge and skills during the year as part of the two cycles (2X20% = 40% of final mark) End-of-year oral exam on mastery of didactic principles, including demonstration, in one of the two practical cycles (40% of final mark) 				
	The evaluation of each cycle and of the seminar will be weighted by the percentage of attendance in this part. To pass the course, students must obtain an average of minimum 50% on all assessments and a minimum of 40% in each assessment. A student who is absent without valid justification during an assessment is considered absent from the examination (final mark).				
	In the second session, the student represents those parts of the assessment for which he/she has not obtained 50%. The assessment takes the form of an assignment for the seminar part (20% of the mark) and an oral examination for the practical cycles (80% of the mark).				
Teaching methods	Didactic principles, applied to previously learned acrobatic motor skills, are explained and discussed in a workshop They are also applied in the gym to the learning of more complex acrobatic motor skills. Students autonomy is progressively promoted by the teachers.				
Content	The practical part of the course is organized in 2 modules supervised by 2 teachers. The 2 modules address the same didactic principles through different acrobatic disciplines. These principles are : development of learning situations or sequences, demonstration, instruction formulation, observation, detection and correction of technical errors, and adapted assistive techniques. One module is focused on Parkour and the other one on similarities between motor skills within gymnic and acrobatic disciplines or between acrobatic skills and motor skills from other sports.				
Inline resources	https://moodle.uclouvain.be/course/view.php?id=4316				
Faculty or entity in charge	FSM				

Programmes containing this learning unit (UE)						
Program title	Acronym	Credits	Prerequisite	Learning outcomes		
Bachelor in Motor skills : General	EDPH1BA	3	LEDPH1028 AND LEDPH1029 AND LEDPH1030 AND LEDPH1025	٩		