UCLouvain

ledph2181

2024

## Psychological preparation, communication, ethics and ethics in sport

4.00 credits	45.0 h	Q1

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Teacher(s)	De Zanet Fabrice ;Halleux Philippe (coordinator) ;				
Language :	French				
Place of the course	Louvain-la-Neuve				
Main themes	- the different forms of psychological intervention and preparation - different scientific methods - the clinical method of intervention in sport psychology - clinical examples				
Learning outcomes	At the end of this learning unit, the student is able to:  At the end of the course the successful student will be able to - understand the different forms of intervention and preparation in sport psychology - know and understand the main methods of the psychological preparation and the clinical method of the psychological intervention				
Evaluation methods	Evaluation : oral examination Support : Reference books and notes				
Teaching methods	Ex-cathedra teaching + group works based on questions				
Content	The main goal of this course is to inform students that they will carry an important responsibility towards their pupils, athletes (low or high level). This responsibility includes the fact that they will help human being in a personal project and requests a high level of respect. By introducing ethics in the education of students, the goal is to set a framework of values that will sustain their engagement. Deontology will help students to understand the rules they will have to respect in their profession. The physical education teacher and the sports coach will consider their own situation. Communication between the sports actors, media - particularly in a crisis situation - requests a deontological approach. The final goal of this course is that students should become professionals with a high level of ethical principles and deontological rules. In that way they will become respected professionals because they will respect those people they will be responsible for.				
Inline resources	See Moodle website of the course				
Other infos	See Moodle website of the course				
Faculty or entity in charge	FSM				

Programmes containing this learning unit (UE)						
Program title	Acronym	Credits	Prerequisite	Learning outcomes		
Master [120] in Motor Skills: Physical Education	EDPH2M	4		Q		