

15.00 credits

60.0 h

Q1 and Q2

Teacher(s)	Behets Wydemans Catherine ;Benoit Nicolas (coordinator) ;Francaux Marc (coordinator) ;Hardwick Robert ;
Language :	French
Place of the course	Louvain-la-Neuve
Main themes	The main topics approached will be the detection and the counselling of the young sports talents, the evaluation of energetic pathways , the testing of strength, power and speed, the exercise testing on the sport ground, the food intake evaluation, the body composition evaluation, the scouting and the biomechanical measurements in sports. The student will apply various tests on the ground. He-she will be encourage to integrate these evaluations into the follow-up of the training programme of sportswomen and sportsmen (75 hours). This approach will be the subject of a synthesis in the form of a written report.
Learning outcomes	<p>At the end of this learning unit, the student is able to :</p> <p>1 At the end of the course the successful student will be able to choose and to use the tools allowing her-him to evaluate accurately the components which underlie sport performance.</p>
Faculty or entity in charge	FSM

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Master [120] in Motor Skills: Physical Education	EDPH2M	15		