


3.00 credits

30.0 h

Q1

Teacher(s)	Agrigoroaei Stefan ;Brevers Damien ;
Language :	French
Place of the course	Louvain-la-Neuve
Main themes	<ul style="list-style-type: none"> - Interpersonal relationships - Basis for establishing a therapeutic/didactic framework (safe climate) - Basic concepts and theories: <ul style="list-style-type: none"> • The perceptions • Psychosomatic aspects • Attention • Memory • Learning • Motivation (self-efficacy) • The emotions • Behaviors • Decision making • Psychosocial aspects (social and relational cognition) - The different types of personalities - Psychopathologies (mental health disorders: stress, anxiety, depression, mood disorders, burn-out)
Learning outcomes	<p>At the end of this learning unit, the student is able to :</p> <ul style="list-style-type: none"> • Describe the concepts and theories associated with the basic themes of psychology (7.3, 11.2 physiotherapy – 4.2, 3.5, 9.2 EP) • Define the concepts and theories associated with interrelational learning (4.1, 9.4 and 11.1 physiotherapy – 4.2, 3.5, 9.2 EP) 1 • Identify the concepts and theories associated with interrelational learning (4.1, 9.4 and 11.1 physiotherapist – 4.2, 3.5, 9.2 EP) • Identify the concepts present in concrete cases in the different models in motor science (5.3, 11.3 Kiné - 9.3 EP)
Evaluation methods	MCQ written exam on the subject, containing 40 questions with four answer possibilities, only one of which is correct. The evaluation procedures remain the same for all sessions of the same academic year.
Teaching methods	100%: Theoretical presentations based on Power-Point presentations, illustrated by videos & examples from daily life, use of the Wooclap platform for interactive teaching.
Content	Elements of methodology in psychological research; Perception and attention; Memory, decision-making and problem-solving processes; Laws of learning and principles of behavior modification; Theories of motivation; Health psychology, socio-cognitive theories, stress and health behaviors: Social determinants of human behavior; Mental disorders and the definition of pathological behavior; Evaluation of psychological interventions; Psychology and physical activity.
Inline resources	The slides and other information concerning the course are available on the Moodle platform, course LFSM1107
Bibliography	<ul style="list-style-type: none"> • Des chapitres & articles seront indiqués pour certains cours

<p>Other infos</p>	<p>Learning outcomes</p> <p>At the end of this teaching unit, the student should be able to master the basic concepts and theories of psychology and more particularly the cognitive, affective and social psychological processes which underlie behavior. He/ she will understand the major concepts and main psychological theories likely to be useful in his/her motor skills intervention for educational purposes (EDPH) or rehabilitation (KINE).</p> <p>The contribution of this unit to the development and mastery of the skills and acquired knowledge of the program(s) is accessible at the end of this sheet, in the "Programs/training courses offering this teaching unit (UE)" section.</p> <p>Discussed subjects</p> <p>Fundamental concepts of psychology: perception, attention, memory, learning, motivation, emotion, stress, personality, health behaviors, social relationships, psychopathology</p> <p>The main conceptions of cognitive functioning and the determinants of human behavior.</p> <p>The main practices in psychotherapy, the theories and data on which they are based, their application to psychological disorders and their evaluation.</p> <p>This course is reserved for FSM students. Its access is possible to other UCLouvain students on the basis of a file to be given to the course coordinator.</p>
<p>Faculty or entity in charge</p>	<p>FSM</p>

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Bachelor in Motor skills : General	EDPH1BA	3		
Bachelor in Physiotherapy and Rehabilitation	KINE1BA	3		