

The version you're consulting is not final. This course description may change. The final version will be published on 1st June.

3.00 credits	22.5 h	Q2
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Teacher(s)	Deldicque Louise ;
Language :	French
Place of the course	Louvain-la-Neuve
Main themes	<p>Sports training is a complex, multifactorial process that must be structured (content, methods, organization, evaluation and planning) in order to achieve the best performance. With this in mind, sports training will be approached under the dimensions:</p> <ul style="list-style-type: none"> <li>- biological (development of fundamental physical qualities)</li> <li>- technique and tactics (motor control, motor skills and perceptual-cognitive)</li> </ul>
Learning outcomes	
Faculty or entity in charge	FSM

<b>Programmes containing this learning unit (UE)</b>				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Bachelor in Motor skills : General	EDPH1BA	3		