UCLouvain

## lephy1229

2025

## Communication, observation and selfevaluation techniques in physical education

The version you're consulting is not final. This course description may change. The final version will be published on 1st June.

Language :	French			
Place of the course	Louvain-la-Neuve			
Prerequisites	The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.			
Main themes	The following topics will be covered:  Different styles of intervention and their consequences on physical activity and sport.  Different intervention skills (communication prerequisites, verbal and non-verbal communication, demonstration, visual aids, observation, feedback and organisation) in physical activity and sports groups.  Various teaching tools required to observe, analyse, lead, develop and evaluate physical activity and sports activities.  Students will need to be aware of the wide range of possibilities for intervention in physical activity and sport, and be able to choose and use the tools available that are best suited to a given situation in physical activity and sport. Particular emphasis will be placed on techniques for the self-assessment of intervention practices (particularly autoscopy).			
Learning outcomes	At the end of this learning unit, the student is able to:  • Plan and write a session of physical activity and sport in collaboration with another student (1.1, 1.3 4.1, 4.4, 5.3, 8.1 and 8.4). Supervise and intervene with fellow students during a physical activity and sports session. (1.2, 1.4, 1.5, 1.8, 4.1, 4.2, 4.3 and 8.2)  • Observe, analyse and evaluate physical activity and sports activities. (1.1, 1.3, 1.4 and 1.5).  • Self-evaluate own interventions in physical activity and sport in the form of reports. (1.5, 4.1, 4.3, 4.4 and 8.2)			
Other infos	This course is strictly reserved for FSM students. It is not open to other UCLouvain students.			
Faculty or entity in charge	FSM			

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Programmes containing this learning unit (UE)					
Program title	Acronym	Credits	Prerequisite	Learning outcomes	
Bachelor in Motor skills : General	EDPH1BA	4	LFSM1109	•	