

The version you're consulting is not final. This course description may change. The final version will be published on 1st June.

5.00 credits

0 h + 30.0 h

Q2

Language :	French
Place of the course	Louvain-la-Neuve
Prerequisites	<i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	<p>The following topics will be covered:</p> <ul style="list-style-type: none"> • Appropriate teaching methods for different ages • Supporting knowledge": preparing a session: defining objectives, methods of intervention, basic tools for managing a group, etc. • Learning the different stages (Hockey 4 life II) at a social and motor level, combined with training content to promote long-term development (LTDA) • MultiSkills Session (MSK) in alternative psychomotricity • Compass (the 12 principles of the game of hockey) • The principles of the game in the organisation of sessions • Basic and advanced hockey techniques: foot position, grips, etc. for different levels of player • Multimedia: the different technological tools used to support motor learning • The basic principles of sustainable hockey and overall group management
Learning outcomes	<p>At the end of this learning unit, the student is able to :</p> <ul style="list-style-type: none"> • Apply the "supporting skills" of the basic techniques for leading a hockey session (1.2, 1.4, 1.8, 4.2, 4.3 and 8.3). • Master the basic techniques of hockey (MS Host). (1.2, 5.1, 5.2, 5.3 and 8.3) • Prepare the content of hockey sessions according to the audience and level encountered. (1.1, 1.3, 1.5, 8.4 and 8.3) • Demonstrate and apply the tactical principles of "Compass" - Belgian hockey playing principles (1.2, 5.1, 5.2, 5.3 and 8.3) • Explain and demonstrate the principles of advanced hockey techniques (II) (1.2, 4.2 and 8.3) • Demonstrate the basics of integrating multimedia into a hockey session (1.1, 1.2, 1.3, 1.4, 1.6, 1.8, 4.2, 4.3 and 8.3) • Carry out the basic recommendations for practising hockey with a view to sustainability and overall management of the group. (1.7 and 8.3) • Carry out the elements that allow you to prevent and anticipate frequent accidents in hockey training (1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 1.8, 4.2, 4.3 and 8.3).
Other infos	This course is strictly reserved for FSM students. It is not open to other UCLouvain students.
Faculty or entity in charge	FSM

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
In-depth sports training	APPEDPH	5		