

2.00 credits

0 h + 30.0 h

Q2

Teacher(s)	De Jaeger Dominique ;
Language :	French > English-friendly
Place of the course	Louvain-la-Neuve
Prerequisites	<i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	The following topics are covered: <ul style="list-style-type: none"> • Physical preparation (strength and flexibility): specific reinforcement of muscular actions enabling the correct execution of the gymnastic and acrobatic praxis covered. • Technical preparation: learning gymnastic and acrobatic praxis with a view to being able to link them together.
Learning outcomes	At the end of this learning unit, the student is able to : <ul style="list-style-type: none"> • Demonstrate correct technique in the isolated or linked execution of fundamental gymnastic and acrobatic movements on different apparatus (1.2). • Identify technical errors in the execution of these movements by self or peers (1.1, 1.2).
Evaluation methods	<p>Assessment is continuous. Active attendance from the start of each class is mandatory. Unexcused absences are penalized: the final grade is multiplied by the attendance percentage (one excused absence = attendance). Three late arrivals count as one unexcused absence.</p> <p>To pass the course, students must obtain</p> <ul style="list-style-type: none"> • a minimum of 40% for each assessment. • a weighted average of at least 50% for all assessments. The weighting of the various tests is announced in a document available on Moodle. • a final grade of at least 50%, taking into account penalties for unjustified absences. <p>The final grade is a maximum of 9/20 if the student has not obtained at least 40% for one of the assessments, a maximum of 8/20 if the student has not obtained at least 40% for two assessments, a maximum of 7/20 if the student has not obtained at least 40% for three assessments, a maximum of 6/20 if the student has not obtained at least 40% for four assessments, a maximum of 5/20 if the student has not obtained at least 40% for five assessments, and so on.</p> <p>Students will receive a score of 0 for the test if they are present but do not take the test.</p> <p>Students who are absent without a valid reason during one or more assessment sessions will receive a grade of "A (= absent)" for the entire course in the June session.</p> <p>Any absence or inability to participate in the activity due to health reasons must be justified (https://www.uclouvain.be/fr/facultes/fsm/restricted/certificats-medicaux).</p> <p>In the second session, students have the option of not taking tests for which they have obtained a grade of 40% or higher. For these tests, the grade obtained during the year may be retained for the second session assessment.</p>
Teaching methods	In addition to physical training sessions in the gym, video analysis exercises are available on Moodle to help students develop their observation skills and learn to identify technical errors in execution. Examples of error analysis are presented, and exercises are provided for which feedback is available.
Content	<p>Various gymnastic and acrobatic disciplines are covered in the course, among which women's artistic gymnastics (WAG) or men's artistic gymnastics (MAG) play an important role. One or more other acrobatic disciplines are offered, such as acrobatic rotations on different elastic surfaces, Parkour, or acrobatic gymnastics with a partner, for example.</p> <p>In each of these disciplines, students are given the opportunity to learn new skills and movement sequences. Particular attention is paid to observing and identifying technical errors in the execution of skills.</p>

<p>Other infos</p>	<p>Support: course files on Moodle. Supervision: professor, technical advisors, possibly assisted by one or more student teaching assistants. This course is strictly reserved for FSM students; it is not open to other UCLouvain students. Given the specific nature of the bachelor's and master's degrees and the professional recognition that automatically accompanies the academic degree of Master in Motor Sciences, specializing in physical education, we would like to inform students enrolled in the bachelor's degree in Motor Sciences that an attendance rate of less than 60% in the LEPHY1225 course unit, even for justified medical reasons, will make it impossible to assess the course unit, with the consequence that it will be impossible to acquire the corresponding credits.</p>
<p>Faculty or entity in charge</p>	<p>FSM</p>

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Bachelor in Motor skills : General	EDPH1BA	2	LFSM1102 AND LEPHY1100 AND LEPHY1106	