

3.00 credits

7.5 h + 30.0 h

Q2

Teacher(s)	Deldicque Louise ;
Language :	French
Place of the course	Louvain-la-Neuve
Prerequisites	<i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	<ul style="list-style-type: none"> • Learning methods for different disciplines, discipline-specific techniques. • Fun learning situations for coaching young beginners illustrating the family of races, jumps and throws (Kids athletics). • Technical learning situations
Learning outcomes	<p>At the end of this learning unit, the student is able to :</p> <ul style="list-style-type: none"> • Plan an athletics session for beginners in collaboration with other students. (1.3, 4.1, 5.3, 8.1 and 8.4) • Adapt to unforeseen circumstances during a session (1.4, 1.5, 1.8 and 8.2). • Coach your student peers during an athletics session for beginners. (1.2, 1.4, 1.5, 1.6, 1.8, 4.2, 4.3, 8.1, 8.2 and 8.4) • Self-assess your actions in a fictitious setting. (1.5 and 8.2) • Propose a progression of specific tasks aimed at learning a codified athletics discipline. (1.4 and 1.6)
Other infos	This course is strictly reserved for FSM students. It is not open to other UCLouvain students.
Faculty or entity in charge	FSM

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Bachelor in Motor skills : General	EDPH1BA	3	LFSM1202 AND LEPHY1229 AND LEPHY1223	