

5.00 credits

0 h + 30.0 h

Q1

Teacher(s)	Deldicque Louise ;
Language :	French
Place of the course	Louvain-la-Neuve
Prerequisites	<i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	<ul style="list-style-type: none"> <li>• Tennis and its organisation</li> <li>• Tennis leadership methodology</li> <li>• Preparatory motor education</li> <li>• Progressive tennis and game situations</li> <li>• Making the session profitable</li> <li>• Warm-up games</li> <li>• Basic analysis of the components of the game</li> <li>• Safety rules</li> <li>• Tennis instructor's charter</li> </ul>
Learning outcomes	<p><b>At the end of this learning unit, the student is able to :</b></p> <ul style="list-style-type: none"> <li>• Identify the place of the tennis instructor course in the organisational landscape of the AFT and sport in FWB. (1.1 and 8.3)</li> <li>• Integrate the principles of running a sequence adapted to the characteristics of tennis and the target audience in a motivational climate. (1.1, 1.2, 1.3, 1.4, 1.5, 1.8, 3.4, 4.2, 4.3, 8.2)</li> <li>• Apply the principles of leading and adapting game situations using different organisational methods and inductive learning. (1.1, 1.2, 1.3, 1.4, 1.5, 1.8, 3.4, 4.2, 4.3, 8.2)</li> <li>• Apply and identify opposing game situations in different formats adapted to the target audience. (1.1, 1.2, 1.3, 1.4, 1.5, 1.8, 3.4, 4.2, 4.3, 8.2)</li> <li>• Identify the elements which optimise the activity and learning of the target group (organisation, distribution and/ or engagement of the ball, playing area, sequence structure, etc.). (1.1, 1.2, 1.3, 1.4, 1.5, 1.8, 3.4)</li> <li>• Identify and apply the elements needed to structure and optimise a general or tennis-specific warm-up (1.1, 1.2, 1.3, 1.4, 1.5, 1.8, 3.4, 4.2, 4.3, 8.2).</li> <li>• Apply the principles of leading a group of children through play situations that promote safe learning (1.1, 1.2, 1.3, 1.4, 1.5, 1.8, 3.4, 4.2, 4.3, 8.1, 8.2 and 8.4).</li> <li>• Identify the basic tactico-technical principles of the activity in order to propose game situations adapted to the internal logic of tennis (1.1, 1.2, 1.3, 1.4, 1.5, 1.8, 3.4, 4.2, 4.3, 8.2).</li> <li>• Identify accident risk factors in order to prevent them and react appropriately (1.1, 1.3, 1.4, 1.5, 1.8, 3.4)</li> <li>• Identify and apply basic ethical rules</li> </ul>
Other infos	This course is strictly reserved for FSM students. It is not open to other UCLouvain students.
Faculty or entity in charge	FSM

<b>Programmes containing this learning unit (UE)</b>				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
In-depth sports training	APPEDPH	5		