

2.00 credits

0 h + 30.0 h

Q2

Teacher(s)	de Geus Sebastiaan (coordinator) ;
Language :	French
Place of the course	Louvain-la-Neuve
Prerequisites	<i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	<p><u>Demonstrate basic motor skills</u> (motor coordination, flexibility) (5.1)</p> <ul style="list-style-type: none"> • Analyze a movement from an anatomical and biomechanical perspective (performed by yourself or one of your peers), position yourself on its quality by identifying the muscles used and specify how to adapt the movement so that it is more efficient (5.1, 11.4) • Develop their own psychomotor level through their lived experience in order to enrich their motor experience (5.2) • Explain and justify movements/technical gestures/exercises to one of your peers for targeted pathologies in simulated cases (5.4) • Analyze a movement (motor task) with precision by refining its observation through different concepts linked to motor skills. (5.4, 11.4) <p><u>Perceive through observation of particularities</u>, motor behaviors specific to each person impacted by this motor experience (5.4, 11.4)</p>
Learning outcomes	<p>At the end of this learning unit, the student is able to :</p> <ul style="list-style-type: none"> • Demonstrate basic motor skills (motor coordination, flexibility) (5.1) • Analyze a movement from an anatomical and biomechanical perspective (performed by yourself or one of your peers), position yourself on its quality by identifying the muscles used and specify how to adapt the movement so that it is more efficient (5.1, 11.4) • Develop their own psychomotor level through their lived experience in order to enrich their motor experience (5.2) • Explain and justify movements/technical gestures/exercises to one of your peers for targeted pathologies in simulated cases (5.4) • Analyze a movement (motor task) with precision by refining its observation through different concepts linked to motor skills. (5.4, 11.4) • -Perceive through observation of particularities, motor behaviors specific to each person impacted by this motor experience (5.4, 11.4)
Other infos	This course is reserved for FSM students. Access is possible to other UCLouvain students on the basis of an application to be submitted to the course coordinator.
Faculty or entity in charge	FSM

Programmes containing this learning unit (UE)

Program title	Acronym	Credits	Prerequisite	Learning outcomes
Bachelor in Physiotherapy and Rehabilitation	KINE1BA	2	LFSM1109	