

2.00 credits

22.5 h + 7.5 h

Q1

Teacher(s)	Meyer Caroline ;Mouraux André (coordinator) ;
Language :	French
Place of the course	Louvain-la-Neuve
Prerequisites	<i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	<p>Definitions and models of pain</p> <ul style="list-style-type: none"> • IASP and ICD-11 classification • Acute/chronic pain: the chronicisation process • Evolution of pain explanation/understanding models • Prejudices, stereotypes and representations of pain <p>Assessing a patient with chronic pain</p> <ul style="list-style-type: none"> • Pain mechanisms (nociceptive-no disciplastic-neuropathic) • Clinical assessment of pain • Pathology semiologies (fibromyalgia, Ehlers Danlos syndrome, CRPS, common low back pain, post-surgical neuropathic pain, etc.) according to the ICD-11 classification <p>The educational approach Therapeutic support</p> <ul style="list-style-type: none"> • Physical activity dimension • Psychological dimension • Symptom management tools • Reassess and adjust
Learning outcomes	<p>At the end of this learning unit, the student is able to :</p> <ul style="list-style-type: none"> • Explain the mechanisms, characteristics and symptoms of acute and chronic pain and the chronic pain and the chronicisation process (2.1) • Describe the different types of pain and their pathophysiological causes (2.1) • Name and explain prejudices, stereotypes and representations of pain (2.1) • Explain the recommendations for therapeutic interventions (3.1) <p>And in particular, in relation to a patient suffering from pain (clinical vignette and simulated case), the student will be able to simulated case), the student will be able to :</p> <ul style="list-style-type: none"> • Integrate and interpret medical, psychosocial and contextual data (biopsychosocial approach) collected during the anamnesis and through questionnaires in the medical record (2.2) • Identify, describe and apply the tools appropriate for clinical examination in painful clinical situations (2.3) • Plan the clinical examination based on the medical history and medical records (2.3) • Make a clinical and functional diagnosis by integrating the information gathered during the medical history and clinical examination (2.4) • Identify and explain the clinical elements indicating the need to refer the patient to a chronic pain centre and identify the relevant information to be communicated to the pain centre. (2.5) • Identify the clinical, personal and contextual elements that may influence the chronicity of pain, and establish and justify a prognosis (2.6) • Engage in appropriate and motivational dialogue with the patient (in a simulated situation) to define realistic therapeutic goals and engage the patient (patient empowerment) (2.7 and 3.3) • Communicate appropriately with the patient to work with them to develop an explanation for their problem and implement therapeutic strategies (3.1) • Conduct a reflective analysis of the management of simulated cases and use it to develop your expertise as a physiotherapist (1.3)
Other infos	This course is strictly reserved for FSM students. It is not open to other UCLouvain students.
Faculty or entity in charge	FSM

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Bachelor in Physiotherapy and Rehabilitation	KINE1BA	2	LKNR1200 AND LKNR1202 AND LKNR1203	