

 The version you're consulting is not definitive. This programme still may change. The final version will be published on 1th June.

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APPEDPH - Introduction

Introduction

Introduction

The advanced course in motor sciences offers you a choice of teaching activities to give a more personal direction to your training.

APPEDPH - Teaching profile

Learning outcomes

The activities on offer enable students to give their training a more personal orientation.

The competences and achievements of the bachelor's degree in general motor sciences can be consulted at https://uclouvain.be/en-prog-2025-edph1ba-competences_et_acquis.html

Programme

DETAILED PROGRAMME BY SUBJECT

- Mandatory
- ⊗ Optional
- △ Not offered in 2025-2026
- ⊙ Not offered in 2025-2026 but offered the following year
- ⊕ Offered in 2025-2026 but not the following year
- △ ⊕ Not offered in 2025-2026 or the following year
- Activity with requisites
- 🌐 Open to incoming exchange students
- 🌐 Not open to incoming exchange students
- [FR] Teaching language (FR, EN, ES, NL, DE, ...)

Click on the course title to see detailed informations (objectives, methods, evaluation...)

30 crédits

Year

2 3

o Content:

o Première partie (15 credits)

o Cours au choix (15 credits)

Trois cours à choisir parmi les cours proposés ci-dessous.

⊗ LEPHY1250	Self-defence [C]		[FR] [q1] [0h+30h] [5 Credits] 🌐	X
⊗ LEPHY1251	Badminton [C]		[FR] [q2] [0h+30h] [5 Credits] 🌐	X
⊗ LEPHY1252	Triathlon [C]		[FR] [q1] [0h+30h] [5 Credits] 🌐	X
⊗ LEPHY1253	Hockey [C]		[FR] [q2] [0h+30h] [5 Credits] 🌐	X
⊗ LEPHY1254	External training or exchange [C]		[FR] [q1 or q2] [] [5 Credits] 🌐	X
⊗ LEPHY1255	Physical and sporting activities and nature [C]		[FR] [q2] [0h+30h] [5 Credits] 🌐	X

o Deuxième partie (15 credits)

o Cours au choix (15 credits)

Trois cours à choisir parmi les cours proposés ci-dessous

⊗ LEPHY1350	Climbing [C]		[FR] [q1] [0h+30h] [5 Credits] △ 🌐	X
⊗ LEPHY1351	Tennis [C]		[FR] [q1] [0h+30h] [5 Credits] △ 🌐	X
⊗ LEPHY1352	Acrobatic sports [C]		[FR] [q2] [0h+30h] [5 Credits] △ 🌐	X
⊗ LEPHY1353	Student monitor [C]		[FR] [q1+q2] [] [5 Credits] △ 🌐	X
⊗ LEPHY1354	More in-depth dance and self-expression activities [C]		[FR] [q2] [0h+30h] [5 Credits] △ 🌐	X
⊗ LEPHY1355	External training or exchange [C]		[FR] [q1 or q2] [] [5 Credits] △ 🌐	X

THE PROGRAMME'S COURSES AND LEARNING OUTCOMES

For each UCLouvain training programme, a [reference framework of learning outcomes](#) specifies the the skills expected of every graduate on completion of the programme. Course unit descriptions specify targeted learning outcomes, as well as the unit's contribution to reference framework of learning outcomes.

APPEDPH - Information

Access Requirements

From the 2nd year block onwards, this advanced course is only open to students enrolled in the bachelor's degree programme in General Motor Sciences (EDPH1BA) at UCLouvain.

Teaching method

As part of the in-depth study, as is the case throughout the general bachelor's degree course in motor sciences, the student is confronted with a variety of teaching methods, adapted as closely as possible to the disciplinary and cross-disciplinary skills defined for the programme.

The alternation between scientific training and training in the practice of physical activities and sport is highly specific to physical education training. Learning activities therefore make use of a range of teaching methods, from a purely theoretical individual approach to the construction of knowledge and know-how as part of a team. The bachelor's degree in physical education thus makes the student a player in his or her own training and a co-actor in the training of his or her peers.

Practical courses in physical education and sport promote the development of personal skills in the various disciplines of physical education and sport. This objective is achieved through interaction between the student, the experts in the field who supervise him/her in this part of the training and the knowledge developed in the various scientific disciplines of the programme. The use of experts in the field ensures that the expected learning outcomes are in line with society's current expectations in the field of physical education.

Lectures in the motor sciences are particularly aimed at developing specific basic knowledge by building on the know-how developed in practical training.

The use of tutoring, monitoring and practical work is a major advantage of the training provided in lectures relating to the exact, biomedical and human sciences. In this way, the knowledge imparted in these courses is based on a concrete scientific approach.

In a course where the sharing of knowledge and know-how are central (as a teacher, as a leader or as a sports manager), the undergraduate student is guided along the path of individual development of attitudes and values specific to the sharing of skills.

Training in physical education is therefore based on six disciplinary and cross-disciplinary learning outcomes. In the bachelor's degree in physical education, these are broken down into learning outcomes with a view to personal development.

Evaluation

The evaluation methods comply with the [regulations concerning studies and exams](#). More detailed explanation of the modalities specific to each learning unit are available on their description sheets under the heading "Learning outcomes evaluation method".

Each course is assessed in the form of examinations, organised in two main sessions: one in January and the other in June. The September session is a make-up session. Students are informed of the exact examination arrangements at the beginning of the course. These may vary according to the learning outcomes targeted by the course.

For practical training, assessment is continuous and may be supplemented by a final assessment. It places the emphasis on know-how in the field of physical education, but also on behavioural skills, which are central to a course of study that is geared towards skills-sharing professions. Because of the specific nature of practical training, this continuous assessment, particularly in didactic courses, may make it impossible to organise a make-up session. In some practical training courses, quiz(s) and/or a final exam are also organised to check the acquisition of knowledge directly associated with the know-how specific to physical and sports activities.

For theory courses, assessment is based on a written or oral examination, depending on the course. It may be combined with and/or replaced by continuous assessment elements.

In addition, from the first year and throughout the bachelor's degree, teachers provide students with self-assessment tools via the iCampus platform. These tools enable students to assess how closely their work matches the expectations of the university course. The aim is to enable them to gauge the development of their knowledge and skills throughout their bachelor's degree course, with a view to capitalising on individual learning achievements.

Contacts

Curriculum Management

Faculty	
Structure entity	SSS/FSM
Denomination	Faculty of Movement and Rehabilitation Sciences (FSM)
Sector	Health Sciences (SSS)
Acronym	FSM
Postal address	Place Pierre de Coubertin 1 - bte L8.10.01 1348 Louvain-la-Neuve Tel: +32 (0) 10 47 44 19 - Fax: +32 (0) 10 47 31 06

Mandate(s)

- Dean : Marc Francaux

Commission(s) of programme

- Commission d'encadrement en éducation par le mouvement (EDPM)
- Commission d'encadrement en sport, exercices physiques et santé (EXRC)
- Commission d'encadrement en physiologie et biomécanique de la locomotion (LOCO)
- Commission d'encadrement en réadaptation et médecine physique (READ)

Academic supervisor: [Louise Deldicque](#)

Useful Contact(s)

- Responsable administratif: [Emmanuel Ugeux](#)

Practical informations

1. Enrolment

2nd year bachelor's degree

If you register for the 2nd year of a bachelor's degree via the web, you will be able to register directly for the advanced course. (Students must first be registered for the 2nd year of a bachelor's degree before registering for a more in-depth course).

If this method is not used, students can access registration via their virtual office (access the UCL portal, log in, click on 'my office', etc.).

Students who start their 2nd year again are automatically re-registered.

In 3rd year

When registering for the third year of a bachelor's degree, students are automatically enrolled for the second part of the in-depth course taken in the second year. The same applies to students repeating their third year of a bachelor's degree.

Any request for an exception to this rule must be submitted to the study advisor for the bachelor's programme followed.

2. Course timetable and examination timetable

Registration for advanced study activities is done at the same time as registration for major study activities via the student's virtual office.

The examination timetable is available at the same time as the examination timetable for the major.

