

EHPS FELLOWSHIP AWARD WINNERS 2023



Olivier Luminet (Belgium)

Olivier Luminet is research director at the Belgian Fund for Scientific Research (FRS-FNRS), full professor at the University of Louvain (UCLouvain), and associate professor at the Free University of Brussels (ULB).

His research is largely interdisciplinary. It includes the interactions between emotion regulation, personality and health, more specifically understanding why some deficits in emotion awareness and expression make people more vulnerable to mental and physical diseases. He also investigates behavior changes related to vegetable consumption in Belgium and insect consumption in Africa. Since the beginning of the Covid pandemic, he is involved in research tracking health-related motivation, health behaviors and well-being.

Olivier Luminet teaches health psychology at bachelor, master, and doctoral level at the University of Louvain for more than 20 years. Since 2022, he is co-chair of the permanent group on mental health at the Belgian Superior Health Council. He was a founding member of the expert group “Psychology and corona”, which is giving advices to Belgian public authorities and Belgian media about psychological implications of the covid-19 pandemic.

In addition to publishing his work in scientific outlets, Olivier Luminet is active to disseminate health psychology research in the media. He is EHPS national delegate for Belgium since 2012.

<https://sites.google.com/site/illuminettilab/home>